

The Vigil



St. Vincent's
FOUNDATION
*Celebrating 35 Years
of Faithful Giving*

Sisters' Vigil

Fall 2019

Heart and Soul *What donors can do*



Dr. Trent Howard

Owen Vickers was attending a church function when he had a heart attack. Three years later, he credits “the good Lord, two angel nurses, an outstanding surgeon, and the care I received at St. Vincent’s” for his survival.

“A cardiac nurse and another nurse at our church started doing CPR on me,” says this president/chief executive officer of Birmingham’s BHT ReSources. “They brought me back to life two times before I was placed in an ambulance.”

There was no question where Marsha, Vickers’ wife, would direct that ambulance. The Vickers were long-time supporters of St. Vincent’s Health System. “We just always had a real passion for the care and everything associated with St. Vincent’s,” Vickers says of his family’s multi-generational experiences. However, no one in the family imagined Vickers would need a triple bypass and valve replacement.

“Advanced technologies are so important,” remarks Thoracic Surgeon Dr. Trent Howard, of Birmingham-based Cardio-Thoracic Surgeons. Howard says new Foundation-provided Cardiovascular Operating Room (CVOR) monitors at St. Vincent’s Birmingham and St. Vincent’s East provide another level of critical information and insight to patient care.

“CVORs provide video imaging, allowing us to scroll through and get a better view of the artery, rather than relying on one static image,” he says. “We can use those live images before a procedure, and even in the middle of a case, to see where that artery is in relation to other structures.”

For 120 years the generosity of others has made new advances possible, says Foundation Development Director Jennifer Philpot. “St. Vincent’s Foundation provided funding for new CVOR monitors through our golf tournament and dedicated donors. With the rapid growth in the number of physicians and services provided in St. Vincent’s Health System’s cardiovascular service line, the Foundation is committed to securing additional donor funding to be ready when someone like Owen Vickers needs our care.”

Next-generation technologies draw next-generation physicians, Howard says. “Surgeons coming from programs

(continued on page 2)

(continued from page 1)

that have these resources will want to work at hospitals that provide the tools they've been trained to use. Updated technology is the reason outcomes have improved over recent decades and having access to those technologies is important to the future of every heart program."

Vickers is glad the technologies and physicians he needed were in place three years ago. He hopes today's donors will help the Foundation prepare for future needs.

"My experience was as good as I could have had anywhere. I would just encourage everyone to get on the St. Vincent's Foundation bandwagon, to join that train of hope."

—OWEN VICKERS

"A gift to St. Vincent's is a special thing, because they take special care of you. I'm 70 years old, and I've witnessed first-hand, since I was a kid, the love and care shown at St. Vincent's," Vickers comments. "My experience was as good as I could have had anywhere. I would just encourage everyone to get on the St. Vincent's Foundation bandwagon, to join that train of hope."

READY TO SHAPE THE FUTURE?

Support St. Vincent's Health System cardiovascular services by donating online at stvhfoundation.org or calling 205-838-6151.



Owen and Marsha Vickers

LINKS FOR LIFE

All proceeds from the St. Vincent's Foundation Golf Classic benefited cardiovascular services across St. Vincent's Health System. The November 5 event, held at Greystone Golf and Country Club Founders Course, was sponsored by R1 RCM Inc. and supported by Brasfield & Gorrie, IBM Watson Health, Viva Health, and Lillibridge. To learn more about saving hearts and lives, visit stvhfoundation.org or call 205-838-6151. †

Honorariums *The following individuals were recognized through a gift in their honor.*

Avery T. Armstrong

CICU Staff

Owen Clark

Dr. David D. DeAtkine, Jr.

Stacy Dennis

Isaiah Payne Dodd

Dr. Richard Payne Dodd

Dr. Nicholas Echemendia

Dr. John Edwards

Jessica L. Estrada

Betsy Faucette

Scott Goggins

Dr. Brian Guffin

Brody Knox Harris

Rick Hartwig

Jonathan G. Jetmundsen

Nelson A. Jetmundsen

Taylor N. Jetmundsen

Dr. William H. Johnston, Jr.

Jason Lee

Brian McCarley

Mission Integration Staff

Dr. John B. Richardson

Dr. Monjri M. Shah

Sir George Way of Plean,

Carrick Pursuivant

Deborah Smith and

James Douglas Wadsworth

St. Vincent's Foundation Board

St. Vincent's Foundation Staff

Ben Tamburello

Carter Wood

Stock Transfers

The double benefit

Shannon Waltchack Commercial Broker John Hardin understands first-hand how possible tax implications can affect any financial transaction. Since the donation of stock may be allowed as a charitable tax deduction for the fair market value of the stock (and avoid any federal or state tax on the appreciated gain in the stock's value), Hardin encourages donors to explore the benefits of stock transfers to St. Vincent's Foundation.

"From my experience, transferring a stock as a gift—rather than selling the stock and giving the proceeds from that sale to a nonprofit—can allow donors to both give a stock gift and not pay any taxes on the gain," he says. "If you have a gain on a stock you would like to sell, you're going to pay taxes on the gain. However, if you gift that stock to a nonprofit, like St. Vincent's Foundation, you may be able to donate the stock and not have a taxable gain. From my perspective, that's a double benefit."

As a St. Vincent's Foundation Board member emeritus, Hardin says he has witnessed how such donations benefit the entire community. "The Foundation is extremely well-run. St. Vincent's is a wonderful institution that

helps a wide range of people, including those who cannot afford to seek help elsewhere. The Foundation has done an incredible job supporting otherwise-unmet needs in our community."

Transferring stock can be surprisingly simple, Hardin says. "It takes a few days, so you shouldn't wait until December 31 to start the process if you want to claim your tax benefit this year," he says. "Just know the Foundation makes the process quite easy."

While donors are encouraged to consult their financial/tax

advisors, the Foundation can provide written instructions for stock brokers that can further simplify the process. To learn more about donating stocks, mutual funds, or real estate, call the Foundation at 205-838-6151. †



John Hardin and his family

"The Foundation has done an incredible job supporting otherwise-unmet needs in our community."

—JOHN HARDIN

Memorials *Lord, may our prayers come before you in memory of those we entrust to your eternal care.*

Perry Andrews

John P. Ansley

Ruby S. Ansley

Jean Jones Bailey

Ena-Faye D. Bennett

Mary A. Berryhill

June Chapman

Peggy Crawford

Eleanor M. Davis

W. Scott Downs, Jr.

Trish Echols

John Faucette, MD

Sr. Almeda Golson, DC

William C. Guin, Sr.

William "Billy" Tift Humber

Linda F. Jackson

Christina V. Kemp

Helen and Frank Lawlor

Sr. Mary Frances Loftin, DC

John T. Marsh

Dorothy H. McCoy

Patricia H. Miller

William M. Moran

Marshall Morris

Dick Pigford

Dr. Paul P. Salter, Jr.

Martha A. Slatky

Marcelle A. Taccone

John A. Williamson, Jr.

Dr. Thomas Alexander

Symington Wilson, Sr.



Forge Retreat

Forge Breast Cancer Survivor Center Foundation takes vision to reality

It's a new day at St. Vincent's Foundation. Establishing Forge Breast Cancer Survivor Center as an independent non-profit this fall is an excellent example, says Foundation President Susan Sellers, of the Foundation's ability to introduce innovative programs for St. Vincent's Health System and the larger community.

"While the Foundation must—and will—continue to depend on donors to provide funds for buildings, medical technology, and other vital St. Vincent's resources, Forge shows donors how the Foundation also implements new support systems for our patients and community," says Sellers.

Sellers was introduced to the Forge concept five years ago. While consulting with retired oncology nurse Madeline Harris, director of the Women's Breast Health Fund at the Community Foundation of Greater Birmingham, about her own breast cancer diagnosis, Sellers learned about Harris's vision for a comprehensive regional

organization for breast cancer survivors. That conversation resulted in five years of in-kind office space and other operational expertise and support from St. Vincent's Foundation. Because of the Foundation's commitment, Forge is now providing survivorship services for much of central Alabama.

"With our focus on the needs of patients and survivors, we were able to secure support from the other area health systems as well," says Sellers.

"One of the most amazing aspects of Forge is how these health systems have come together to serve this community," says Forge Director Caroline McClain. For years, four regional health systems (St. Vincent's, Brookwood Baptist Health, Grandview Medical Center, and UAB Medicine) have met regularly with the Community Foundation of Greater

Birmingham's Women's Breast Health Fund to form an unprecedented partnership in supporting breast cancer survivors and their loved ones.



Forge Retreat

From the beginning the effort emphasized serving all survivors, including those with limited resources. “The most important component of Forge, and clearly aligned with St. Vincent’s, is a commitment to serving the poor and vulnerable by removing barriers to care—and going a step beyond that, for lifelong wellness,” McClain says.

mission-centric focus. “We believe our donors will be as excited as we are to see the health system and Foundation in partnership with the Community Foundation and other area health systems.” She continues, “Forge is just one illustration of how this Foundation furthers and fulfills the St. Vincent’s mission.”

Sellers comments Forge is an example of the Foundation’s

To learn more about Forge, visit forgeon.org. †



Forge Gardening



Volunteer Training



Art Therapy



Survive Strong

“The support and resources that St. Vincent’s Foundation provides for Forge have been critical to the success of the program. Since its inception, all four health systems have been an integral part of Forge, but St. Vincent’s has provided the leadership in implementing and administering the day-to-day operations over the last five years. Because of St. Vincent’s continuing commitment, Forge has been able to provide resources and support to thousands of breast cancer survivors and their loved ones across our region.”

—CHRISTOPHER NANNI, President and CEO, Community Foundation of Greater Birmingham

FORGE SERVICES

- A telephone support line (800-811-8925) and extensive online resources (forgeon.org; facebook.com/forgebcsc/)
- Customized matches with non-medical mentors to help survivors/co-survivors navigate their respective health systems and financial-legal-medical resource
- Educational symposiums, support groups, tip sheets, referrals, individualized plans, lifestyle classes, and retreats
- Survivor/co-survivor programming in otherwise-underserved rural counties
- Healthcare professionals’ continuing education programming

FORGE NUMBERS

50

trained volunteers

100

percentage of clients matched with a trained support professional

1,997

number of calls on Forge’s telephone support line

6,108

number of persons reached

92

percentage of Forge clients reporting an improvement in overall quality of life due to Forge connections

Why We Give “They saved my life.”

Jim and Sandy Marriner say they have a simple reason for becoming St. Vincent’s Foundation 1898 Society Members.

“I have a love for St. Vincent’s because they saved my life,” Sandy says. Jim adds, “You can underscore the fact that they saved her life. At one point we were very close to losing her.”

Sandy’s cancer had spread to her lymph nodes when it was detected in 1983. While she underwent surgery, radiation, and chemotherapy, she still smiles when remembering the day St. Vincent’s associate and cancer survivor Louis Josof explained his idea for an adult cancer camp. Both Marriners were so intrigued that Jim, South Central Bell Telephone Pioneers vice president, enlisted Alabama’s Telephone Pioneers to support the first Camp Bluebird. As

Sandy recovered and the Marriners made multiple corporate moves, they took Josof’s concept with them, establishing Camp Bluebirds in at least nine states.



The Marriner family

“Meanwhile, I regularly returned to Bruno Cancer Center to check with my doctors,” Sandy says. “And at some point, we became regular Foundation donors. We started small and gave more as we were able. It’s just a pleasure to give.”

In 1995 the Marriners moved back to Birmingham—and St. Vincent’s. “St. Vincent’s has just been our hospital of choice,” says Jim. “It gives us a lot of satisfaction to be able to help a very worthy cause. We know whatever we

give to the Foundation will be put to good use and have a multiplication effect. That’s important, because the need never goes away.”

“Meanwhile, I regularly returned to Bruno Cancer Center to check with my doctors,” Sandy says. “And at some point, we became regular Foundation donors. We started small and gave more as we were able. It’s just a pleasure to give.”

—SANDY MARRINER

THE 1898 SOCIETY

Gifts of \$1,000 or more qualify for annual membership in the Foundation’s 1898 Society, commemorating the year four Sisters from the Daughters of Charity of St. Vincent de Paul arrived in Birmingham, creating what would become St. Vincent’s Hospital. In appreciation, 1898 Society members receive St. Vincent’s Birmingham parking discounts, multi-hospital cafeteria/gift shop discounts, and Spa One Nineteen gift/service discounts. To become a member, please call 205-838-6151.

St. Vincent’s Foundation is a 501(c)(3) charitable organization. When you donate to St. Vincent’s Foundation, 100% of your gift goes to your designated area of support and remains in our community! †

Who's On Board

Welcome, new members!



Frank D'Amico III,
2019-20 Foundation Board Chair
D'Amico, a long-time board member, is the incoming Foundation chair. His family firm, BTC Wholesale Distributors, holds the longest consecutive giving record of any Foundation donor.

"When you see the good work St. Vincent's does, you want to do what you can to help. This board is a good way for people like me to be involved," he says. "I've been able to serve on the Foundation's allocations committee, and I've been impressed with how carefully the Foundation uses its money. Wise decisions are made, based on the input of medical professionals and people who understand business."

Tracy Bragg,
Foundation Board member
Bragg is a community volunteer known for her support of Catholic ministries and public education. "I truly value how the people of St. Vincent's choose to make faith and integrity permeate everything they do," she says. "I'm so thankful to be associated with these fine people, and grateful to serve with them."

Nick Pihakis,
Foundation Board member
Pihakis, founder of Jim 'N Nick's Bar-B-Q and Pihakis Restaurant Group, says he opened his first restaurant in 1985 just down the street from St. Vincent's Birmingham, the hospital that has served

his family for generations. "St. Vincent's is a phenomenal health system," he says. "And what it does for the community is incredible. I have a long-standing relationship with St. Vincent's and am grateful to serve on its Foundation board."

Susan Stabler, Foundation Board member
Stabler, a Brasfield & Gorrie vice president and division manager, oversees one of the company's healthcare construction groups. A former Foundation Junior Board member, Stabler says she is excited to continue her service to the Foundation. "I have seen first-hand the impact the Foundation has on not only the patients but also employees and visitors. Foundation efforts are seen across every St. Vincent's campus, and I am proud to be part of such a wide-reaching effort in our community."

Hugh Thomas,
Foundation Board member
Thomas, managing partner with the Onin Group, a privately-held group of staffing firms, brings a depth of business experience to the board. His ventures include Onin Staffing, Momentum Capital Funding, Focus IT, and Onin Timber. "I am happy to serve on this board because I'm aware of the impact St. Vincent's has on our community in so many wonderful ways," Thomas says. "I've also personally witnessed the high level of quality St. Vincent's delivers, and I am proud to be associated with such a winning organization."

Carter Wood,
Foundation Board member
Wood, former president of Flowers Baking of Birmingham, says, "It is really exciting to raise money for such a worthy Foundation." Wood has been involved for several years in the St. Vincent's golf tournament. "It is an honor to serve on this board with so many distinguished members and to be able to give back to the community."

St. Vincent's Foundation Board Members

Thomas M. Allison, M.D.
S. Allen Baker, Jr.
Elizabeth Blair, M.D.
Tracy Bragg
Thomas J. Buchanan
Frank D'Amico, III
Anthony J. DiPiazza
Kathryn H. Eckert
Val Holman
Rusty Hutson
William H. Johnston, Jr., M.D.
Mac Moncus
Suzanne Perkins
Nick Pihakis
John Sherman
Susan Stabler
Ben Tamburello
Hugh Rowe Thomas
James D. Wadsworth
Thomas J. Willings
Carter Wood
Anne Yuengert

Members Emeritus

Harold Apolinsky
Bob Baker
Merrill N. Bradley, M.D.
Ronald G. Bruno
Richard Carmody
Russell W. Chambliss
Beth Chapman
Robert C. "Bob" Chapman
Jane Cole
Dr. Paul Doran, Jr.
Clarke Gillespy
Wayne Gillis
Randy Haines
John Hardin
Ronald Henderson, M.D.
Todd Jackson
Sonya King
Roy Long
Kathy Miller
Dorothy Pak
Minnie Rast
Henry B. Ray, Jr.
Virginia A. Vinson

Junior Advisory Board Members

Heath Buckner
Jared Bussey
Matthew Cannova
Christopher D'Amico
Michelle Davis, D.M.D.
Rebecca DiPiazza
Ginger Gray
Kyle Heslop
Tina Liollo
Margaret Manuel
Meighan Morris
Mary Anne Phillips
Lucy Poole
Jeremy Reid
Russell Rutherford
Adam Seal
Christopher Thames
Mitchell Weyandt
Bradley Young



One Medical Park East Drive
Birmingham, AL 35235

*Celebrating 35 Years
of Faithful Giving*

Non-Profit Org
U.S. Postage
PAID
Birmingham, AL
Permit No. 356

Meet Aimee Lesley *Alabama's Volunteer of the Year*

Aimee Lesley has been a dedicated St. Vincent's East Volunteer for 22 years, with 3,447 hours of service. She works on Monday mornings and takes her responsibilities very seriously. Aimee always reports to Administration first and checks on all her friends. She then diligently delivers mail and performs other tasks throughout the hospital.

"We are so excited for Aimee," said Susan Sellers, St. Vincent's Foundation president. "It is a huge honor to be recognized as Volunteer of the Year by the Alabama Hospital Association. Aimee is a shining example of dedication and her smiling face has become a Monday morning staple around St. Vincent's East. She is truly loved by all who work with her."

Volunteers play a vital role across St. Vincent's Health System. To learn more about being a volunteer at any St. Vincent's location, please call the Foundation office at 205-838-6151. †



Aimee and friends celebrate at awards ceremony

STAY CONNECTED! Please contact us with any questions, comments, or to share your story.

We love to hear from you! 205-838-6151 or stvhfoundation@ascension.org.

Visit us online and make a donation at stvhfoundation.org. Follow St. Vincent's Foundation on Facebook at [stvhfoundation](https://www.facebook.com/stvhfoundation).